



Benefits of Membership

Dignity While You Work

Vision Care

Eligible members and their families receive high-quality eye examinations and optical accessories, either fully paid or at substantially reduced prices.

Legal Services

For members only, a broad range of legal services are available at discounted prices.

Chiropractic/Podiatry

Many active members and retirees may receive high-quality chiropractic (spine related) and podiatry (foot care), either fully paid or at substantially reduced prices.

Medical/Hospital

Most union members have a choice of HMO coverage or an individualized indemnity program. Other benefits include emergency care and coverage for major medical needs.

Prescriptions

Thousands of prescriptions for active members and retirees are filled each month for a nominal cost.

Dental/Orthodontic

Many programs provide care at low cost to members and their families.

Best in Industry

Security When You Retire

Pensions

Negotiated pension benefits make the retirement years for eligible members more secure and enjoyable. For information about your plan and a status report, contact the Union office.

Retirees Club

UFCW Local 135's Retirees Club has a busy calendar of trips, cruises, luncheons, games and speakers.

Discounts

Through special arrangements with selected companies, amusement parks and other entertainment centers, members and their families can enjoy many activities at members-only discount prices.

Financial Help

The UFCW-negotiated benefit plans include programs that increase payments to members when disability, industrial accidents or unemployment interrupt their ability to work. Eligibility varies.



Refer to your Summary Plan Description for complete medical coverage details.